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## Catamount Messenger 10.6.24

Catamount Families, Here is some important information for you:

#### **Homecoming Week!**

Homecoming week is here at the Creek! We encourage all students to participate in Spirit Week: Monday 10/7: National Bullying Prevention Day- WEAR ORANGE

Tuesday 10/8: Twin Tuesday- match outfit with a friend!

Wednesday 10/9: Pajama Wednesday- wear school appropriate pajamas!

Thursday 10/10: Throwback Thursday- dress like a Kindergartener!

Friday 10/11: PCHS Spirit Day- WEAR WHITE and come to the football game at 7:00 pm! \*Saturday 10/12: Homecoming Dance at PCHS 7-10 pm (students must have ticket & ID to enter) \*please have rides arrive by 10:00 pm

## PSAT on 10/9

As a reminder, the PSAT will be administered this Wednesday, October 9th. The school will operate on an altered <u>Bell Schedule</u>. On Monday, October 7th, students will receive their individual testing locations during Advisory. If you have a student testing, the following information has been shared with them; it is being provided here for your review:

- 1. <u>Student Expectations</u> to abide by on test day.
- 2. <u>BigFuture App</u> for receiving scores from College Board post testing.

Best of luck to the 698 students who are participating in the PSAT/NMSQT! If you have any additional questions, please reach out to Alexandria Bougher, our Testing Coordinator at <u>abougher@wcpss.net</u>.

## AP Exam opt out process

Students currently enrolled in an AP course are automatically signed up to take the course's AP exam. If your student DOES NOT wish to take the AP exam for the course, they must complete the AP exam opt out form <u>HERE</u>. Follow the directions on the form when completing. The link to this form is on the PCHS webpage under Academics (Advanced Placement) and also under Student Services. Students will receive this message in the PCHS student Canvas site as well. The deadline to opt out of AP exams is November 8<sup>th</sup>. The College Board unused/cancelation fee is \$40. If you have any questions, please reach out to Mr. Dion Mapp, AP coordinator, at amapp@wcpss.net

Si necesita servicios de traducción gratuitos para comprender los procesos escolares, llame al (919) 852-3303	إذا كنت بحاجة إلى خدمات الترجمة المجانية للتعرف على سير العمليات بالمدرسة، اتصل بالرقم (919) 852-3303	Si vous avez besoin de services de traduction gratuits pour comprendre les procédures scolaires, appelez le (919) 852-3303	यदि आपको वियालय की प्रक्रियाओं को समझने के लिए निःशुल्क अनुवाद सेवाएं चाहिए, तो (९१९) 852-3303 पर कॉल करें	학교/교육 과정에 관한 무료 번역 서비스가 필요하시면 다음 번호로 연락하여 주십시오 (919) 852-3303	Nếu quý vị cần sự thông dịch miền phí để hiểu phương pháp trường học, xin vui lòng gọi số điện thoại (919) 852-3303	如果您需要 免费翻译服 务来了解学 校流程,请 致电 (919) 852-3303
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## SOS and Human Trafficking Lessons for students in grades 9th & 12th

PCHS 9<sup>th</sup> grade and 12<sup>th</sup> grade students will be engaged in district mandated lessons on suicide and mental health awareness and human trafficking. To proactively address rising issues pertaining to mental health and human trafficking, Panther Creek High School is offering depression awareness and suicide prevention training as part of the SOS Signs of Suicide® Prevention Program. The program has proven to be successful at increasing help seeking by students concerned about themselves or a friend and is the only school-based suicide prevention program listed by SAMHSA for its National Registry of Evidence-Based Programs and Practices that addresses suicide risk and depression, while reducing suicide attempts. SOS has demonstrated an improvement in students' knowledge and adaptive attitudes about suicide risk and depression. Ninth grade students will engage in the SOS lessons on mental health and human trafficking, 12<sup>th</sup> grade students will only receive the SOS refresher lesson. These lessons will occur during the school day and are set to begin in October and run through the end of January. Parent letters and opt out forms will be sent home with your student, opt out letters will need to be returned to the school. If you have any questions, please contact SAP Coordinator/Counselor, Jasmine Iverson at jiverson@wcpss.net or in the Student Services office. Thank you!

## **Updates and Information from our Career Development Coordinator**

The **Great Xplorations Volunteer Networking Event** will be **on October 23<sup>rd</sup>** at the McKimmon Center in Raleigh from 9:00 am- 12:00 pm. We need your help to make this event an impactful experience for our students. Click <u>HERE</u> to learn more about Great Xplorations and register/sign up to volunteer. The volunteer registration deadline is October 9<sup>th</sup>.

## ASVAB Testing will take place on October 24th in the PCHS Media Center.

The ASVAB Career Assessment helps students learn about themselves and the world of work. Students should see Ms. Shekevia Smith in Career Services to sign up or complete the form here.

**Career Services Business Alliance** helps to provide our students at Panther Creek with an enriching learning experience both in the classroom and out. In addition to the content in the classroom, the goal of Career Services is to provide opportunities for students to further their personal and professional development through activities such as attending workshops, business tours, job shadowing, career conversations, mentorship, internships, etc. If you, your employer, or someone you know in the community would like to offer your time to develop and/or offer any of the mentioned activities, please complete the form here or email Ms. Shekevia Smith, Career Development Coordinator, at ssmith30@wcpss.net.

We are thrilled to be offering the **Reality of Money Simulation** again at PCHS **on November 14**<sup>th</sup> in the PCHS Media Center. Through the Reality of Money Simulation, students make financial decisions about paying for housing, transportation and other monthly expenses as they are transformed into young adults with jobs and other responsibilities to manage. We need volunteers to make this event a success. Click here to sign up to volunteer at our Reality of Money simulation!

#### **Tools For Schools Program**

Going to the State Fair and want to support PCHS? The NC State Fair will donate \$2 for every adult ticket and \$1 for every child ticket to our school if you purchase tickets using the Tools For

Schools Link <u>HERE</u> and enter the PCHS code **526** under "membership code". This promotion is for only for online advance sales only now through 10/17/24.

## **REMINDER: lululemon PC gear is HERE!**

Love Panther Creek and lululemon? Today is your lucky day because they have combined for new fan gear! Shop and get yours <u>HERE</u>!

## **REMINDER: Reflections- PTSA contest**

Attention all PCHS artists, writers, dancers, musicians, and photographers! It's time to get creative! This year's National PTSA Art Reflections contest theme is: *"Accepting Imperfections"* – so let your imagination run wild and show us what that means to you! How to Enter:

1. Choose a category: Visual Arts, Literature, Photography, Dance, or Music.

- 2. Create something inspired by this year's theme: "Accepting Imperfections"
- 3. Submit your work by October 21<sup>st</sup> using this submission form: <u>PCHS Art Reflections 2024-25</u> <u>submission form</u>

View the rules here: <u>Reflections information for students</u>

For more info contact us at: reflections@panthercreekptsa.org

Let's make this year amazing! #PTSAReflections #ShowYourTalent #GetCreative

## **REMINDER: PTSA Membership**

Ever wanted to be part of an exclusive club without needing to know the secret handshake, attend endless meetings, or commit to volunteering? Well, joining the PTSA is that easy! No handshakes, no obligations—just a bunch of Panther Creek parents helping make the school a better place. Here's the deal: • You join the PTSA. • We all feel like heroes. • The school thrives. • And no, we won't make you attend meetings or sign you up for random volunteer shifts!

Just click the <u>link</u>, join the cool crew, and let's make Panther Creek even better, together. panthercreekptsa.givebacks.com/store

## Shout out to our 2024-25 PTSA Corporate Sponsors:

Nay Orthodontics, Mirchi's Indian Restaurant, Open Arts, Parkside Eye Care and The Princeton Review.

**Stay connected to the school and PTSA:** Want to stay in the loop with all the exciting things happening at Panther Creek? Follow the PC PTSA on social media! From school events to fun contests and important updates, you'll find it all there. Don't miss out—follow us today and be part of the Catamount community! As a PTSA member you are also automatically subscribed to receive our monthly PTSA newsletter sent straight to your inbox. (October edition coming soon!) **Stay connected, stay informed, and stay engaged!** 

Facebook- Panther Creek PTSA

Instagram- panthercreekptsacary

X-@CreekPTSA

## **REMINDER: Tardy Sweeps**

Students have the most success in school when they are in their classes and receiving instruction for the entire class period. Being in class on time is an important first step, however tardies continue to increase throughout all class periods. To reduce tardies, school administration will

continue to implement random tardy sweeps. Teachers will close their doors when the tardy bell rings. Administration will assign those students not in class when the bell rings to lunch detention. This tardy will count towards a student's accumulated tardies for that period. <u>Here is the link</u> to the PCHS Tardy Policy for your reference.

## **REMINDER: Yearbook Sale**

You can purchase a Panther Creek High School yearbook now for \$100.00. Yearbooks sell out, so make sure you purchase yours soon at <u>this LINK.</u>

## **Upcoming Dates**

Please visit the school calendar on the PCHS website: https://www.wcpss.net/Page/14077#calendar27844/20240908/month 10/7-10/11: PCHS Spirit Week for Homecoming 10/9: PSAT administration at PCHS for students 9-11 who registered 10/12: Homecoming Dance 7-10 pm (rides need to be here at 10 pm) 10/14: Teacher Workday: NO SCHOOL for students 10/29: Fall Chorus Concert- PCHS Auditorium at 7:00 pm (clear bag policy applies) 10/31: End of 1<sup>st</sup> Quarter

## Administrator/Counselor Contact

Administrator	Students (Last Name)	Counselor
Ms. Monica Click ( <u>msclick@wcpss.net</u> )	9 <sup>th</sup> grade: A-He	Deborah Davis ( <u>dtdavis@wcpss.net</u> ) A-Ma
Ms. Jeorgine Trevithick (jtrevithick@wcpss.net)	9 <sup>th</sup> grade: Hi-Pa	*Students with last names Hi-Ma will work with Deborah Davis. Students with last names Mb-Pa will work with Michael Smith.
Mr. Joseph Biggs (jlbiggs@wcpss.net)	9 <sup>th</sup> grade: Pe-Z	Mr. Michael Smith ( <u>msmith21@wcpss.net</u> ) Mb-Z

Ms. Casey Otten	10 <sup>th</sup> -12 <sup>th</sup> grades:	Mr. Mario Jones	
( <u>cotten2@wcpss.net</u> )	A-F	(mjones13@wcpss.net)	
Mr. Dion Mapp	10 <sup>th</sup> -12 <sup>th</sup> grades:	Ms. Akanksha Jain	
(amapp@wcpss.net)	G – L	( <u>ajain@wcpss.net</u> )	
Mr. Grey Mangum	10 <sup>th</sup> -12 <sup>th</sup> grades:	Ashley Mathes	
( <u>tmangum2@wcpss.net</u> )	M-Ri	(amathes@wcpss.net)	
Ms. Crystal Locus	10 <sup>th</sup> -12 <sup>th</sup> grades:	Ma Angola Snonglan	
( <u>clocus@wcpss.net</u> )	Ro – Z**	Ms. Angela Spangler (aspangler@wcpss.net)	
Dean of Stu	Ms. Shernita Telfair		
	( <u>stelfair@wcpss.net</u> )		
Student Ass	Ms. Jasmine Iverson		
Program Co	(jiverson@wcpss.net)		
Calina David	Dr. Gregory Decker		
School Prin	(gdecker@wcpss.net)		

Thank you for your continued support of Panther Creek High School!